

Feeling Stressed?
Want help managing your time?
Need skills to gain and maintain employment?
Get to know yourself and concentrate on YOUR potential.
Come learn the Power of YOU!

Tools for Employment and Education Success

North Everett Location

January 30th – February 10th

March 20th to March 31st

Mt. Bakerview Classroom

3210 18th Street

Everett, WA 98201

Lynnwood Location

February 13th – 24th (20th Holiday)

March 13th – 24th

EdCC Gateway Hall #103

6600 196th Street SW

Lynnwood, WA 98036

Classes Held
Monthly!
Call for New
Dates!

Monday - Friday: 9:00 am - 1:00 pm

Week 1:

- Dealing with Change
- Creating Habits of Success
- Self-Awareness
- Managing Fear

**"This course has done a lot for me,
it's exactly what I needed to be able
to change my life in positive ways....
opened up all new perspectives for
my live."**

**"A lot of really good info and tools
I'll be able to use in real life and
employment."**

Week 2:

- Self-Efficacy
- Time Management
- Goal Setting
- Parenting
- Customer Service
- Money Management Basics
- Conflict Management
- Working with Difficult People
- Workplace Strategies
- Benefit Basics

**Imagine the
Possibilities**

**Tuition Paid by State, Federal, Community Grants and Contracts
No Qualifications Required**

CALL Today to reserve your seat 425-640-1451

Or email: penny.robins@email.edcc.edu



<https://www.facebook.com/ToolsforEmploymentandEducationSuccess/>

**** Class Counts towards Participation Hours in Many Community Assistance Programs
like TANF, BFET, Housing, DOC, and CPS ****